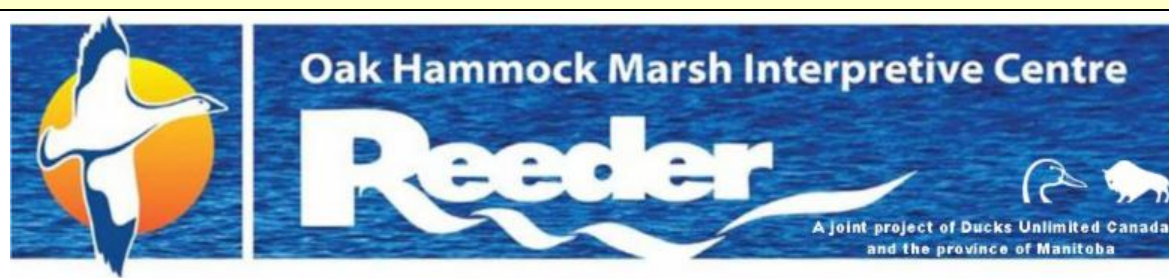


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August 2018

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Join our mailing list!

Greetings!

Welcome to the Oak Hammock Marsh Interpretive Centre Newsletter. Here are some upcoming and noteworthy events happening this month.

Hazy, Lazy Days of Summer

August 4 to 6



Is the heat wearing you down? Is the beach too crowded for you? Are you looking for a great way to stay cool this summer?

Join us at **Oak Hammock Marsh Interpretive Centre** this weekend for some fun and a unique way to spend those hazy, lazy days of summer.

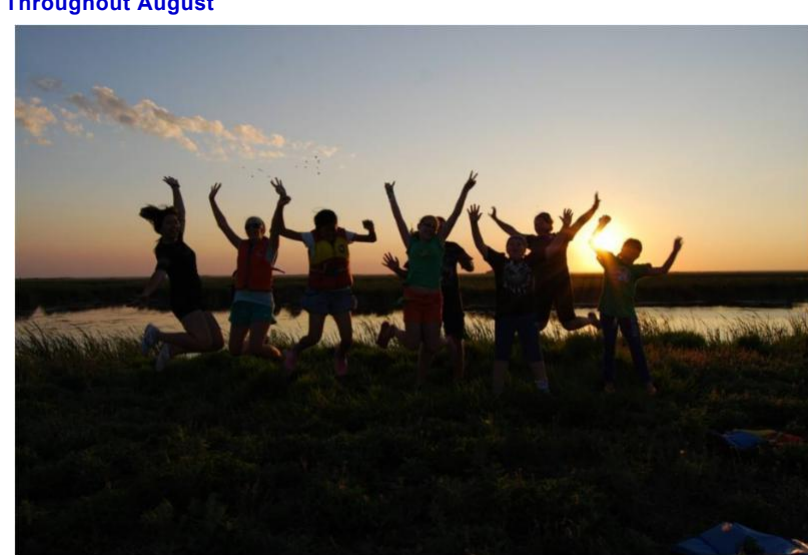
Try a **Toe-Dipping Contest** at our artesian spring or make a small boat out of a milk carton and race it down the creek. Join in other fun water games to keep you cool.

This is also a great time of year to see the flowers of the prairie in bloom!

[For more information about this event](#)

Camps for Kids

Throughout August



Camp is a great way to gather precious memories and build special friendships that will last a lifetime!

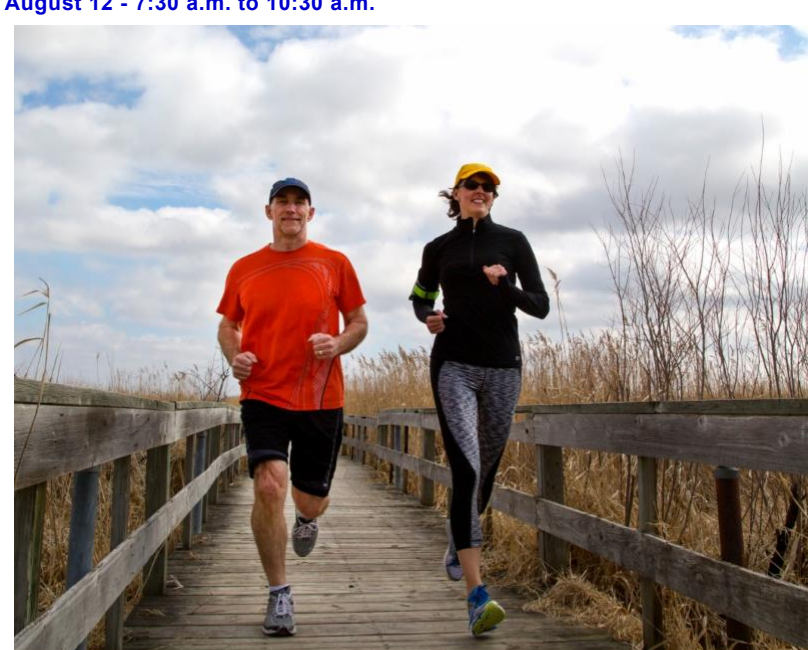
Oak Hammock Marsh Interpretive Centre will be offering a variety of week-long camps for kids, **ages 6 to 9**, throughout August. These camps will include crafts, games canoeing and more!

Summer Camps are **from 9 a.m. to 4 p.m. daily**. Early drop off and later pick ups can be arranged. **Camp fees are \$135 for members or \$165 for non-members (taxes included)**.

[For more information about camps](#)

Duck and Run

August 12 - 7:30 a.m. to 10:30 a.m.



Up for a little marsh madness? Stride past muskrat huts. Journey down the boardwalk. Sprint along a path lined with cattail stands - but watch your step! The honks and quacks of our locals will cheer you all the way to the finish line.

- 5 kilometre run
- 10 kilometre run
- 2 kilometre "Healthy Horizons" family walk

After trekking the trails, celebrate your success with a healthy snack, family friendly activities and more. Make a day of it at the marsh and enjoy a summer day in the great outdoors.

This event is proudly presented by **Giant Tiger** and **The North West Company - Healthy Living Sponsors of the Oak Hammock Marsh Interpretive Centre**.

Pre-registration is required.

[For more information about this event](#)

Birding and Breakfast

August 18 - 7 to 9 a.m.



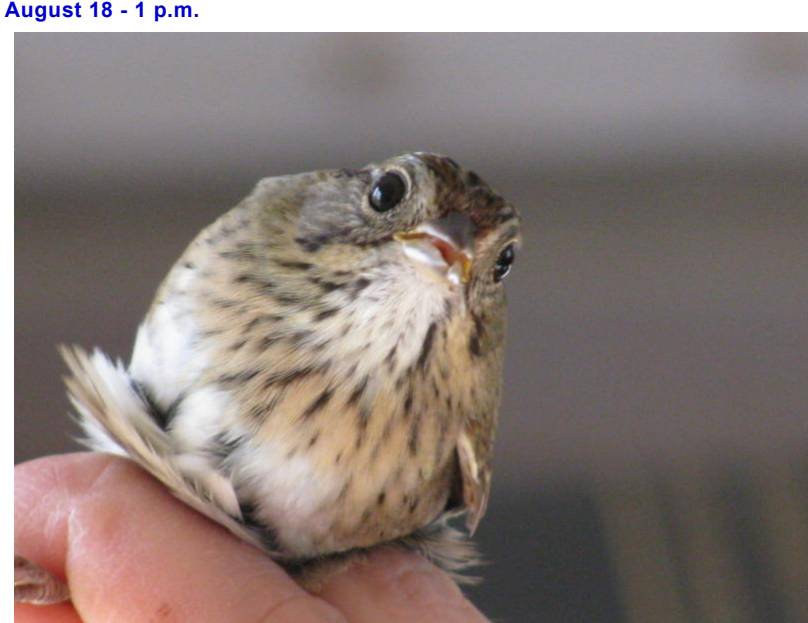
The best time of the day to watch and listen to the multitude of birds calling the marsh home is during morning hours, just after sunrise.

Join our Resident Naturalist on a morning walk in the marsh to see the many species of fall migrants passing through Oak Hammock Marsh. After the walk, enjoy a delicious hot breakfast in our scenic Café.

[For more information or to register](#)

Birding Hour: Sparrows

August 18 - 1 p.m.



When thinking of sparrows, many of us picture the common House sparrow, that little brown bird found in our backyards and at our bird feeders. This sparrow is only one of many other sparrow species found in Manitoba.

Learn how to recognize the various sparrows with our Resident Naturalist, **Paula Grief**.

[For more information about this workshop](#)

A Bird in the Hand

August 19 - 8 to 10 a.m.





Be part of an important research by participating in a real live songbird banding session at the marsh. Learn why **Oak Hammock Marsh** is such an important stop on the migration path. You might get to feel the bird's feathers flutter in your gently closed palm a second before it is released, then unfurl your fingers and let the bird fly free!

The bird banding experience is followed by a canoe excursion or a guided birding walk on the trails. Smell the blooming wildflowers of the wetland and listen to the many songs of the wildlife at the marsh.

Please register ahead to secure your place.

[For more information or to sign up](#)

Lemonade and Music

August 25 - 1 p.m.



Join us on every 25th day of the month for a new and exciting event highlighting our 25th anniversary this year.

This month, the event will be Lemonade and Music as we spend the afternoon listening to the soothing folk music of Kate Ferris while sipping on some refreshing lemonade in our courtyard.

[For more information about this event](#)

Photography Workshop

August 26 - 10 a.m.



Join **Derek Keller** for this one-day beginner photography workshop

Topics include camera settings, tips on taking better pictures, editing photos, and hands-on outdoor photo shooting.

Participants will receive a free 8 x 10 photo of one of their own photos. Bring your point and shoot camera with you to class.

Pre-registration is required.

Oak Hammock Members \$32, non-members \$40.

[For more information or to register for this workshop.](#)

Premier Healthy Living Sponsors

Premier Healthy Living Sponsors



The Oak Hammock Marsh Interpretive Centre is located 30 minutes North of Winnipeg on highway 67 between highways #7 and #8. For more information call (204) 467-3300.

Sincerely,

Jacques Bourgeois
Oak Hammock Marsh Interpretive Centre

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